

Paik's Traditional Martial Arts Camp

Checklist for Campers

- Karate Uniform (if this is your first camp, you will receive it the first day)
- Lunch
- Extra T-Shirt
- Shorts or Sweatpants (depending on weather conditions)
- Sweatshirt
- Hat
- Extra Socks
- Sneakers
- Swimsuit
- Towel
- Sunscreen
- Water Bottle

What NOT To Bring To Camp

- Portable Game Devices (Gameboys, Nintendos, Etc.)
- MP3 Players
- More than \$2.00 to \$3.00 for a drink if we go out
- Valuables