

Paik's Junction Rd Sept 08

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Closed	2 Self Defense	3 Spar	4 Board Break	5 Technique	6 Belt Ceremony and test.
7	8 Self Defense	9 Spar	10 Form	11 Technique	12 Spar	13 Self Defense <small>Team Pictures</small>
14	15 Spar	16 Board Break <small>Bring a friend day</small>	17 Technique	18 Form	19 Self Defense	20 Spar
21	22 Form	23 Technique	24 Self Defense	25 Spar	26 Board Break	27 Form
28	29 Technique	30 Form				

*Traditional Karate(SungJinRyu)/Tangsoodo Classes registration have begun. The classes will begin 20th.

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Bushido/Staff					7:15	
	Family Class	5:30				6:30	
	Karate/TangsooDo						12:15pm
	Power lunch TKD		12:30	12:30			
	Tots			4:30			9:30am
Kids	Blackbelt Club			6:00			
	Masters Club			6:00			
	TKD Brown & Under	4:45	5:00		6:00	4:45	10:00am
	TKD Red & Up	4:45	5:00		6:00	4:45	10:45am
Adults	TKD all belts	6:15		5:15	6:45	5:30	11:30am
	Blackbelt Club			6:45			
	Masters Club			6:45			