Paik's Univ ave September 08

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Closed	2 Spar	3 Form	4 Technique	5 Board Break	6 Spar
7	8 Spar	9 Self Defense	10 Technique	11 Form	12 Spar	13 Self Defense Team Pictures
14	15 Self Defense	16 Technique	17 Self Defense	18 Spar	19 Technique	20 Form
21	22 Technique	23 Form	24 Spar	25 Board Break Bring a friend day	26 Self Defense	27 **Belt Ceremony and test.**
28	29 Form	30 Spar				

Bushido/Staff Classes Begin Friday, 12th
Kwon Bup Classes begin Wednesday, 10th

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Kwon Bup			5:30			
	Bushido/Staff					6:00	
	Family Class		5:15				11:15
Kids	Tots			4:45			10:00am
	Blackbelt Club	4:15	6:00	6:15	5:15		10:30am
	Masters Club	4:15	6:00	6:15	5:15		10:30am
	TKD blue/Bk &Under	4:15	4:30	6:15	5:15	4:15	10:30am
	TKD Brown &Up	4:15	4:30	6:15	5:15	4:15	10:30am
Adults	Power Lunch				12:30		
	TKD All Belts	5:15	7:00		6:00	5:15	12:00
	Blackbelt Club	5:15	7:00		6:00	5:15	12:00
	Masters Club	5:15	7:00		6:00		