



February 2012

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Technique	2 Self Defense	3 Sparring	4 Form
5	6 Form	7 Technique	8 Self Defense	9 <u>Board Break</u> Bring a Friend Day	10 Form	11 Technique
12	13 Technique	14 Self Defense	15 Sparring	16 Form	17 Technique	18 Self Defense
19 PRE-TEST WEEK!	20 Self Defense	21 Sparring	22 Form	23 Technique	24 Self Defense CAMP!	25 Sparring
26 PRE-TEST WEEK!	27 Sparring	28 Form	29 <u>Board Break</u> Bring a Friend Day	1	2	3

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tots 4-6 All Belts			4:00			9:30
Kids Orange Below	5:00	4:45	5:15	6:00	5:00	10:00
Kids Green Above	5:00	5:30	5:15	6:45	5:00	10:00
Kids BB Club	6:00		5:15		5:00	10:00
Teens 11+ All Belt	5:00	6:15	5:15	5:15	5:00	10:45
Teens 11+ BB Club	6:00	6:15	5:15	5:15	5:00	10:45
Adult all belts	7:00	6:15	7:30	5:15	6:30	11:30
Adult BBC	6:00	6:15	7:30	5:15	6:30	11:30
SWEATKWONDO	12:00	12:00		12:00		
Family Class					6:30	11:30
Black Belt Society		7:00		7:30		
			Tai Chi 6:30	Masters Club 7:30	Girls Only 5:45	